



SUPPLY LIST

FEARLESS FOUNDATION PAPER
PIECING (FPP)

3hr WORKSHOP

March 21, 2024 9am-12pm EDT

Taught by: Kitty Wilkin

<http://nightquilter.com> @nightquilter

I'm so excited to share the world of foundation paper piecing (FPP) with you. In this workshop, you will learn the basics of foundation paper piecing, but also an arsenal of tips and tricks to ensure you never have to rip seams again (well, or at least very, very rarely!). FPP is a quilting technique with which you sew fabric pieces to a paper foundation by sewing along pre-drawn lines, allowing for perfect points, easily duplicated blocks, and the creation of just about any pictorial or geometric design sewn with fabric. With a bit of practice and some helpful hints along the way, FPP opens a whole new world of quilting.

We will aim to make progress piecing four (4) of the Economy Blooms during this workshop. Each block finishes at 9" square, so the finished mini quilt, pillow, or quilt beginning will be 18" square. If you are comfortable with FPP, or are a particularly speedy sewist, you may want to print templates for more blocks to have just in case, if you want to make a larger quilt. I'm looking forward to stitching with you!

Here are the supplies you will need:

REQUIRED



Printed Economy Bloom foundation paper piecing templates, Templates pages 1 & 2, printed at 100%. I like to use 100% recycled printer paper, which is a bit thinner and more sustainable paper, but still a sturdy foundation for your piecing. *Note that to make the full Economy Bloom 18" square block, you will want to print all pages now: Print (2) of Templates page 1, (4) of Templates page 2, and (2) of Templates page 3 to have all templates needed.



3 fat quarters of fabric to use for the bloom, in three different values from the same color family: light, medium, and dark. Choose three fabrics with

enough contrast with each other to create interest, but enough similarity to be cohesive in the same bloom.

Tip for Testing Color Value

One tip to test your chosen fabrics is to take a photo of the three fabrics together, then use the black and white setting on your phone camera to view the photo in black and white. As you can see from the photo below, you can clearly see the value difference between these three fabrics: dark, medium, light. (Note that choosing a dark fabric without such a large lighter design would provide even more contrast.)



Fabric choices with dark, medium, light value

Viewed in black and white to better see the contrast

- 10" x 14" piece of green fabric for the leaves**
- 1/2 yard of background fabric in a color that will contrast well with your other fabrics.** (You likely will not need the full half yard, but when learning FPP it's good to have more than you need. Choose something you have in your stash or that you would like to add to your stash!) I like to use white, light grey, navy blue, or black to really let my blooms pop, but any contrasting fabric will do. If this is your first time foundation paper piecing, using a solid or a fabric with a very small, non-directional print will help set you up for success.
- Sewing machine threaded with coordinating or neutral thread** (I love 50wt Aurifil thread in 2600-Dove)
- Rotary cutter, mat, and quilting ruler with a 1/4" measure**
- Scissors** - I suggest having 3 pairs—one for cutting paper, one for cutting fabric, and a small pair for snipping threads

- Seam ripper** (we'll hope we don't need it, but when learning, it's always good to have a BFF seam ripper handy!)

SUGGESTED & USEFUL

- Washable glue stick
- Wooden seam roller
- Lightbox
- Colored pencils for marking paper templates before sewing



Any questions?

Contact me at thenightquilter@gmail.com

nightquilter.com @nightquilter

Finishing Ideas



Economy Bloom 18" square block, consisting of (2) Economy block centered blooms and (2) Flying geese centered blooms.



Make 12 Economy Bloom 18" square blocks for a larger 54" x 72" quilt